

It's OK to ask.

Clean hands are a great defense against the spread of germs. Besides keeping your own hands clean, it's **OK** to ask **EVERYONE** who visits your room to clean their hands for your protection. Even in a hospital, germs that can lead to serious infections can hitch a ride on the most unassuming of visitors, including:

- Your family
- Your doctors and staff who care for you
- Your clergy

If you're not sure if they've washed their hands or used an alcohol-based sanitizer, it's **OK** to ask them to do so.



Clean hands save lives.